

## Harvest Appeal

### Shopping List

Please donate an item or two from the list to help support local people without enough money to live on.

- UHT Milk
- Tinned Curry / Chilli / Pies
- Tinned Hot dogs / Meat
- Tinned Veg
- Tinned Fruit
- Tinned Tomatoes
- Tinned Spaghetti
- Tinned Soup
- Crisps / Snacks
- Angel Delight / Jelly
- Sweet Treats
- Custard
- Coffee



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## Basingstoke Foodbank:

1. Provides **emergency food** and **practical support** to local people in their hardest moments.

2. Works with local partners to get people **the right help**, so they're less likely to need the Foodbank again.

3. Is part of a UK-wide community of Foodbanks, working together with Trussell to ensure **no one** needs a food bank to survive.

[basingstoke.foodbank.org.uk](http://basingstoke.foodbank.org.uk)

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