

	Autumn1	Autumn2	Spring1	Spring2	Summer1	Summer2
Year 3	Personal	Social	Gym (Social)	Creative	Physical	Dance (Personal)
	Tag rugby	Cognitive	Netball	Frisbee	Athletics	Health and fitness
Year 4	Personal	Social	Gym (Social)	Creative	Physical	Dance (Personal)
	Tag rugby	Cognitive	Netball	Frisbee	Athletics	Health and fitness
Year 5	Personal	Social	Swimming	Gym (Social)	Dance (Personal)	Physical
	Tag rugby	Cognitive	Netball	Frisbee	Athletics	Health and fitness
Year 6	Personal	Social	Gym (Social)	Creative	Physical	Dance (Personal)
	Tag rugby	Cognitive	Netball	Frisbee	Athletics	Health and fitness

Yr 5	Start with yellow skills & tricky games	Yr 6	Start with red skills and trickier games
Swimming	Yr 5 Summer 2		
Adventurous	Yr 5 Stubbington	Yr 6 Runways end	
Yoga	Yr 3 - 6		
Daily mile	15 minutes 3 times per week		